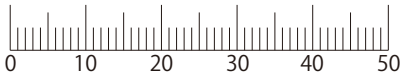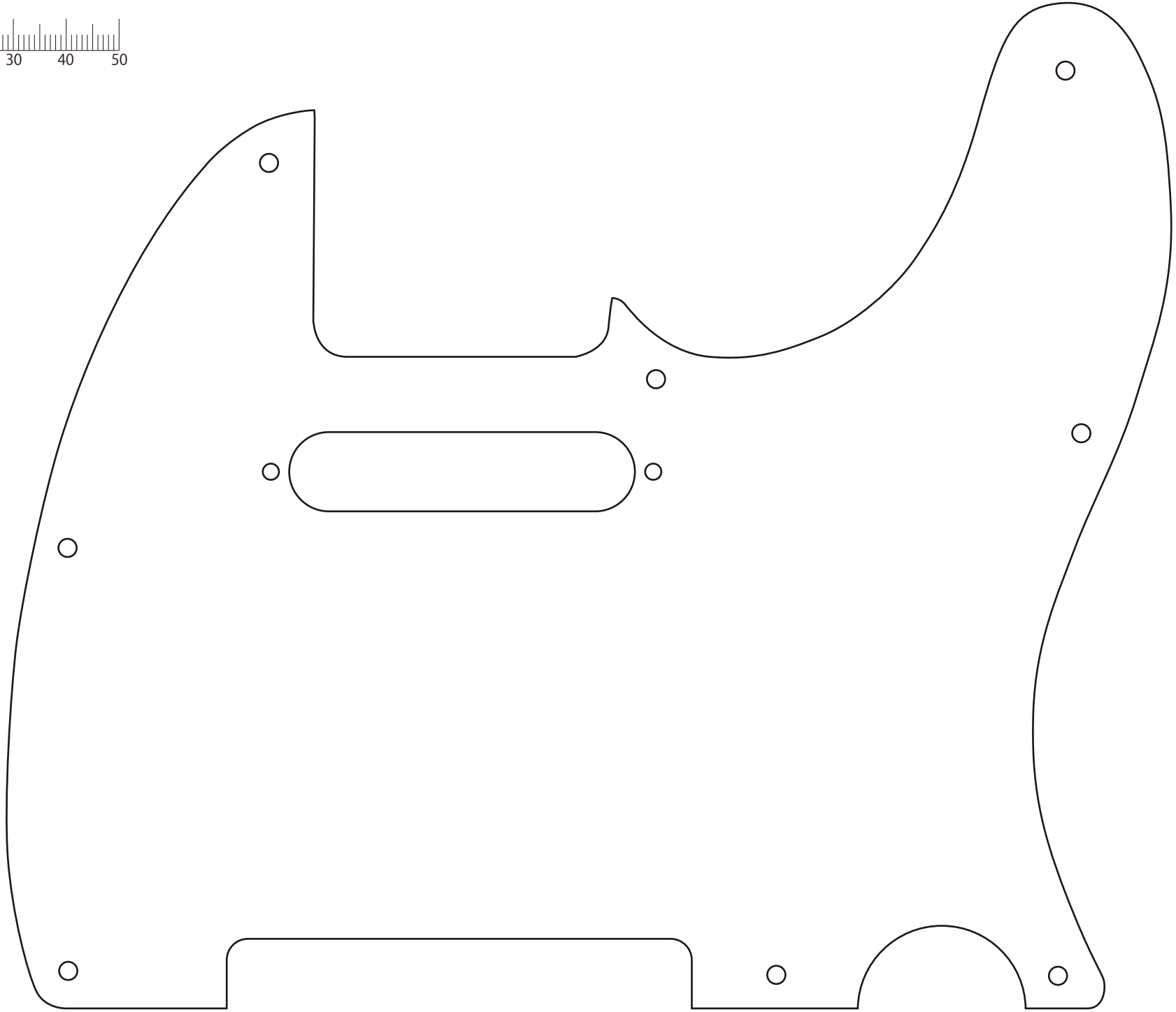確認用スケール